

General Information

Fees

Fees are based on a sliding fee scale. We also accept Medicaid and private insurance.

Bilingual Services

In all sites we have bilingual (Spanish-English) clinicians who work with children.

Communities Served

Argo, Bellwood, Bedford Park, Berwyn, Bridgeview, Broadview, Brookfield, Burr Ridge, Chicago (Southwest), Cicero, Clarendon Hills, Countryside, Darien, Hickory Hills, Hinsdale, Hodgkins, Indian Head Park, Justice, LaGrange, LaGrange Park, Lyons, Maywood, McCook, North Riverside, Oak Brook, Oak Park, River Forest, Riverside, Stickney, Summit, Westchester, Western Springs, Westmont, Willow Springs and Willowbrook.

Contact Information

One number for all of your
Pillars needs!

(708) PILLARS
(745.5277)

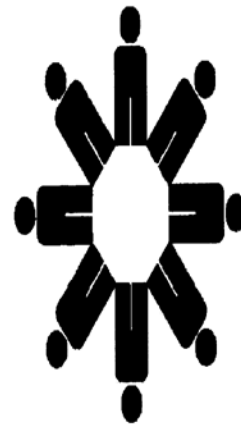
All mental health programs are accredited by
the Commission on Accreditation of
Rehabilitation Facilities (CARF).

April 2011

Pillars
333 N. LaGrange Rd, Ste 1
LaGrange Park, IL 60526

Resource

Child and Adolescent Mental Health Services



Programs of



Pillars

making connections...
changing lives

About Child and Adolescent Programs

Pillars provides quality mental health services to children and their families. Services are family centered and strengths based.

Evidence Based Practices

Pillars is committed to advancing and integrating Evidence Based Practices for children and adolescents:

Behavioral Parent Training for School Age Children

Cognitive Behavioral Therapy for Children with internalizing disorders

Structured Psychotherapy for Adolescents Responding to Chronic Stress (SPARCS)

Families and Schools Together (FAST)

Child and Adolescent Mental Health Facts:

- As many as 1 in 10 young people may have an anxiety disorder.
- As many as 1 in every 33 children may have clinical depression. The rate of depression among adolescents may be as high as 1 in 8.
- Of the 100,000 teenagers in juvenile detention, estimates indicate that 60 percent have behavioral, mental or emotional problems.
- Suicide is the third leading cause of death for 15-24 year olds and the sixth leading cause of death for 5-15 year olds.

Statistics have been provided by: the US Department of Health & Human Services; the Department of Justice; the American Academy of Child and Adolescent Psychiatry. From <http://www.nimh.nih.gov/information/oaes/inf/inf/children-mental-health/children-mental-health-statistics>. 2011

Services

Outpatient

Office-based treatment including individual, family and group therapy. Services offered at our Western Springs, Berwyn, Oak Park and Hickory Hills locations.

Home Based

Offers intensive home-based case management and therapeutic services based on the principles of Wraparound for children and their families who are struggling to access more traditional services. Services offered in the home, school or community.

Screening, Assessment and Support Services (SASS)

90-day crisis stabilization for uninsured children or children with Medicaid at risk for hospitalization.

For a crisis assessment contact the CARES line at 800-345-9049

Buddy's Place

Bereavement program for children who have experienced the death of a parent, guardian or significant caregiver.

Early Childhood Mental Health

Prevention and early intervention services for children ages 0-7. Services include parenting groups, parent workshops, assessment and home based therapeutic services.

Minors Requiring Authoritative Intervention (MRAI)

Intensive home-based program for families who have an adolescent whose behavior is out of control or has a history of running away. Provides immediate crisis intervention, including temporary shelter options as needed.

Psychiatric and Respite

Services are available to children participating in therapeutic services at Pillars.

Collaborations

Families and Schools Together (FAST)

An evidence based, award winning program offered in collaboration with local school districts and geared towards strengthening families.

Cicero Youth Task Force (CYTF)

An active working group of over 200 community providers representing local community social services, schools, government, police, business, churches, youth, and parents. The CYTF mission is to enhance the quality of life for Cicero children and families by working together to prevent youth risk factors. The group collaboration has been a model for assessing needs in the community and carrying out action plans for the well being of youth and families in Cicero.

Local Area Networks (LAN)

The LANS meet monthly to share resources and knowledge in the best interest of the children and families in the communities we serve. We participate in LAN 57 (serving Lyons and Riverside Townships) and LAN 58 (serving Berwyn, Cicero, Oak Park, River Forest, and Stickney Townships).

Community Nurse Health Association

Pillars partners with Community Nurse Health Association to offer mental health services to children and families receiving medical services at the clinic. Services include comprehensive mental health assessments and ongoing interventions including home-based services for children and office-based services for adults.



Pillars aspires to build healthier communities by making connections and changing lives.