

Resource

Parenting Classes



Parents will learn about effective communication skills, active listening, effective discipline, developmentally appropriate behaviors, self-esteem, anger management and stress management.

Both responsible/condemned

Cost: \$12.50 per class
Or \$100 for all eight classes w/ certificate

English Spanish

Parenting classes are provided through the Exchange Club Center, which offers services designed to promote the prevention of child abuse. As child abuse often occurs due to parental stress and/or lack of information and skills about child rearing and household management, the Exchange Club Center seeks to provide the necessary resources, help and information to parents who need them.

**POSITIVE PARENTING:
8 WEEK COURSE
BEGINS THURSDAY
8/18/2011 AND RUNS
THROUGH 10/6/2011
6-8PM**

- NOT attachment

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For more information contact:



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*Sisters of St. Francis
of Mary Immaculate*

